

Classes 2018

BOOKINGS ESSENTIAL!

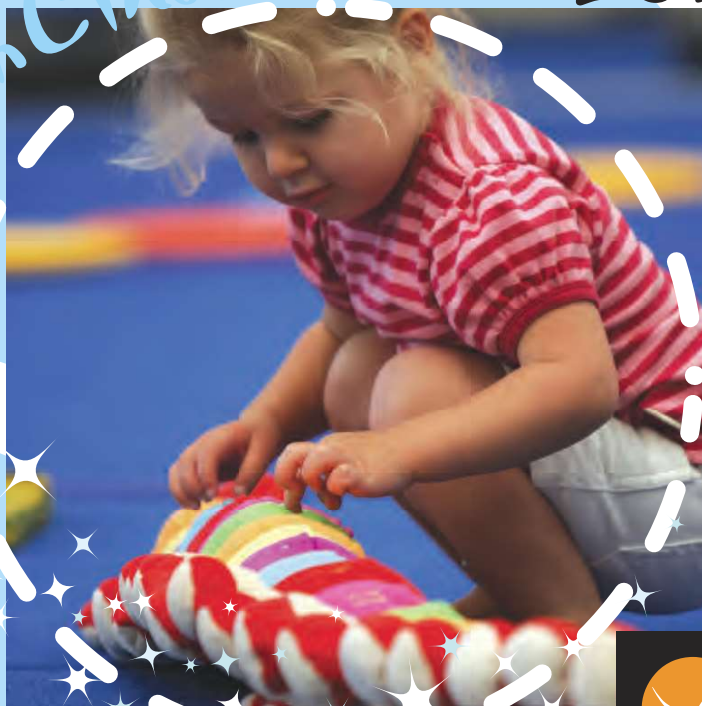
PIT-A-PATS

Monday	10.00 - 11.00am
Tuesday	10:00 - 11:00am
Wednesday	10.00 - 11.00am
Wednesday	11am- 12.00pm
Thursday	10.00 - 11.00am
Friday	9:30 - 10:30am
Friday	10:30 - 11:30am
Saturday	10.00 - 11.00am
Saturday	11am- 12.00pm

TUMBLEBEARS

Monday	10.00 - 11.00am
Tuesday	10:00 - 11:00am
Wednesday	10:00 - 11:00am
Wednesday	11:00 - 12:00pm
Thursday	10:00 - 11:00am
Friday	9:30 - 10:30am
Friday	10.30 - 11.30am
Saturday	10.00 - 11.00am
Saturday	11am- 12.00pm

Kindergym Class 2018



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Kindergym



Pit-a-Pats

Pit-a-Pats is a pre-school gymnastics program designed to cater for the needs of 2-4 year old children. Our coaches are trained and have a specific "Kindergym" accreditation with Gymnastics Australia. The Pit-a-Pats program is a parent participation program where the emphasis is on having fun with mum and dad, whilst at the same time improving body control through movement experiences relevant to their development.

A wide variety of gross motor skills are taught such as swing, spring, rock, roll, jump and landing. Gross motor activities help with developing young children's overall balance, coordination, strength and locomotion.

We also include fine motor activities such as finger plays, puzzles and threading using bean bags, blocks, hoops, balls, ropes, beads, ribbons etc. These are all important skills to prepare them for kindergarten and school.



Incorporation of music, dance and themes enhances the experience for the children. The equipment layout is changed every two weeks to provide an ever changing challenging, stimulating and safe environment for your children.

This is a one hour class, once per week.

FEES: \$220 based on a 10 week school term plus Gymnastics Australia membership.

TumbleBears

Our TumbleBears program offers your 4 year old pre-school child a more formal independent learning and exploration of their fine and gross motor co-ordination in readiness for the prep year at school.

The basics of gymnastics skills are taught such as forward rolls, handstands, cartwheels combined with some free play and exploratory time. As children participate on their own, their self confidence and social skills are constantly evolving.

Like our Pit-a-Pats program, the overall aim is for children to achieve success, raise self confidence and motor coordination, whilst participating in a variety of fun and interesting gymnastics activities.

Tumblebears often runs concurrently but separately to our pit-a-pats program, providing a safe and happy environment for more than one member of the family at the same time.

FEES: \$220 based on a 10 week school term plus Gymnastics Australia membership.

