



Balance Gymnastics



Over the school holidays, **Monday 14th January – Friday 25th January 2019**, Balance Gymnastics and Fitness Centre will be running play gym sessions.

Play gym involves active discovery playtime for children aged 18 months-6 years of age. Children are free to climb, jump, roll, balance, hang and slide down and around our fully set up gym. Our qualified staff will be on the floor, however, we do ask that parents supervise their own children at all times. **\$8 per child. No bookings required.**

0-6years

Monday	14th	Jan, 2019	11am-12.30pm
Tuesday	15th	Jan, 2019	11am-12:30pm
Wednesday	16th	Jan, 2019	11am-12.30pm
Thursday	17th	Jan, 2019	11am-12:30pm
Friday	18th	Jan, 2019	11am-12:30pm

Monday	21st	Jan, 2019	11am-12:30pm
Tuesday	22nd	Jan, 2019	11am-12:30pm
Wednesday	23rd	Jan, 2019	11am-12:30pm
Thursday	24th	Jan, 2019	11am-12:30pm
Friday	25th	Jan, 2019	11am-12.30pm

We are also running free play sessions for school aged children who are over 5yo. The activities are based around the same concepts as our Playgym sessions, but with activities that are designed for children who are school aged.

Parents are **NOT** required to stay and supervise their children. **\$10 per child. No bookings required.**

School aged

Monday	14th	Jan, 2019	1-3pm
Tuesday	15th	Jan, 2019	1-3pm
Wednesday	16th	Jan, 2019	1-3pm
Thursday	17th	Jan, 2019	1-3pm
Friday	18th	Jan, 2019	1-3pm

Monday	21st	Jan, 2019	1-3pm
Tuesday	22nd	Jan, 2019	1-3pm
Wednesday	23rd	Jan, 2019	1-3pm
Thursday	24th	Jan, 2019	1-3pm
Friday	25th	Jan, 2019	1-3pm



Play Gym 2019

