

Balance Gymnastics Winter Holiday Program 2013

Playgym

Over the Spring school holidays, Balance Gymnastics and Fitness Centre will be running play gym sessions.

Play gym involves active discovery playtime for children aged 18 months-6 years of age.

Children are free to climb, jump, roll, balance, hang and slide down and around our fully set up gym. Our qualified staff will be on the floor, however, we do ask that parents supervise their own children at all times.

Tuesday 2nd, Thursday 4th, Monday 8th, Tuesday

9th and Thursday 11th of

July: 11.00am – 1.00pm

Cash preferred: \$8.00 per child, \$15 for 2 children.

No bookings required for play gym sessions.



Trampolining

This is a structured session for school aged children consisting of free play, games and trampolining.

The children have the opportunity to use all the trampolines, landing mats, and the two HUGE foam pits! No experience required. Sessions will run on the following days from 1:00-3:00pm:

Monday 1st July and Monday 8th July

Cost (Cash preferred): \$15 per day per child for Balance members, \$20 per day per child for non-members, 5% family discount applies.

Bookings close: Friday 28th June

Late booking may be available upon request if numbers permit.



School aged Play gym

This holidays we will also be running some free play sessions for children who are 7+. The activities are based around the same concepts as our Playgym sessions, but with activities that are designed for children who are 7+.

Tuesday 2nd, Thursday 4th, Tuesday 9th and Thursday 11th of July: 1.00pm - 3.00pm

Cash preferred: \$8.00 per child, \$15 for 2 children.

No bookings required for play gym sessions.



During the holidays we will also be holding Parties Birthday parties at Balance Gymnastics are a

terrific way to keep your kids absolutely entertained and captivated in a safe, stimulating environment.

The children will enjoy a wide variety of gymnastics activities and games and will be able to use all the equipment in the gym (with the exception of the bungee, which may only be used by the birthday child).



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