

Balance Gymnastics Summer Holiday Program 2014

Kinder Playgym

Over the Summer school holidays, Balance Gymnastics and Fitness Centre will be running playgym sessions.

Playgym involves active discovery playtime for children aged 18 months-6 years of age.

Children are free to climb, jump, roll, balance, hang and slide down and around our fully set up gym. Our qualified staff will be on the floor, however, we do ask

that parents supervise their own children at all times.

Every Monday, Tuesday and Thursday from Monday 6th January—Thursday 23rd January 2014 11:00am—1:00pm.

No Playgym on Monday 27th January.

\$8.00 per child, \$15 for 2 children or \$20 for 3 children. No booking required.



Trampolining

This is a structured session for school aged children consisting of free play, games and trampolining.

The children have the opportunity to use all the trampolines, landing mats, and the two HUGE foam pits! No experience required. Sessions will run on the following days from:

Monday 13th and Monday 20th January 2014

1:00-3:00pm.

\$15 per day per child for Balance members, \$20 per day per child for non-members, 5% family discount per child applies.

Booking available through our website. Bookings close on Friday 10th January. Late bookings may be available upon request if numbers permit.



School aged Playgym

These holidays we will also be running some free play sessions for children who are 7+. The activities are based around the same concepts as our Playgym sessions, but with activities that are designed for children who are 7+. Parent's are not required to stay.

Tuesday 7th, Thursday 9th of January, Tuesday 14th and Thursday 16th of January: 1.00pm - 3.00pm

\$8.00 per child, \$15 for 2 children or \$20 for 3 children. No bookings required for playgym sessions.



Balance Gymnastics & Fitness Centre

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Timetable	Monday	Tuesday	Thursday
Kinder playgym	11am—1pm	11am—1pm	11am—1pm
Trampolining	1—3pm (not 6/1/2014)		
School aged playgym		1—3pm	1—3pm