

Balance Gymnastics Summer Holiday Program '13

Playgym



Over the Spring school holidays, Balance Gymnastics and Fitness Centre will be running play gym sessions.

Play gym involves active discovery playtime for children aged 18 months-6 years of age. Children are free to climb, jump, roll, balance, hang and slide down and around our fully set up gym. Our qualified staff will be on the floor, however, we do ask that parents supervise their own children at all times.

Every Monday, Tuesday and Thursday : 11.00am – 1.00pm from the 7th January until the 24th January.

Cash preferred: \$8.00 per child, \$15 for 2 children.



No bookings required for play gym sessions.



Balance Gymnastics & Fitness Centre

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SCHOOL AGED FREE-PLAY

This holidays we will also be running some free play sessions for children who are 5+. The activities are based around the same concepts as our Playgym sessions, but with activities that are designed for children who are 7+. Costs are the same as Playgym and will be running on the following days:

Wednesday the 16th and 23rd January from 11am-1:00pm.

No bookings necessary.

Trampolining

This is a structured session for school aged children consisting of free play, games and trampolining. The children have the opportunity to use all the trampolines, landing mats, and the two HUGE foam pits! No experience required. Sessions will run on the following days from 1:00-3:00pm:

Monday 14th January

Monday 21st January

Cost (Cash preferred): \$15 per day per child for Balance members, \$20 per day per child for non-members, 5% family discount applies.

Bookings close: Friday 11th January
Late booking may be available upon request if numbers permit.



Gymnastics Birthday Party!

During the holidays we will be opening up additional timeslots for children's/teen's birthday parties. Birthday parties at Balance Gymnastics are a terrific way to keep your kids absolutely entertained and captivated in a safe, stimulating environment.

The children will enjoy a wide variety of gymnastics activities and games and will be able to use all the equipment in the gym (with the exception of the bungee, which may only be used by the birthday child). All activities will be under the direct supervision of the coaching staff, with 2-3 instructors per birthday party, depending on numbers.

A serviced kitchen allows you to bring your own food, which we can assure you, is the last thing on the minds of your partygoers.

School aged parties are 2 hours in duration and Kinder aged 1.5 hours.

SCHOOL AGED PARTIES
\$240 for up to 15 children (maximum 35 children)

KINDER / TODDLER PARTIES (Also available during the day during the school term)
\$210 for up to 15 children (maximum 35 children)

A \$50 non-refundable deposit is required at the time of booking